



LENA Certified Teacher Tracker

Teachers who successfully complete a LENA Grow sequence are qualified to become LENA Certified Teachers! Certification is a recognition of your expertise in supporting early language development. Certification is optional, but highly encouraged.

To receive your sequence certificate, you must complete each of the activities listed below. Look for the checkpoint icons throughout this guide to help you stay on track.

Start of Sequence	LENA Grow 1 Essentials	LENA Grow 2 Insights
<input type="checkbox"/> Attend LENA Grow Orientation.		N/A
<input type="checkbox"/> Provide your name and email to your coach to track progress through the certification process.		

During Sequence	LENA Grow 1 Essentials	LENA Grow 2 Insights
<input type="checkbox"/> Be present in the classroom for at least five LENA Days.		
<input type="checkbox"/> Attend at least five coaching sessions.		
<input type="checkbox"/> Document goals during each coaching session.		
<input type="checkbox"/> Discuss Conversation Starters with your coach.		
<input type="checkbox"/> At Week 3, complete the LENA Grow Quiz and discuss with your coach.		

Conclusion	LENA Grow 1 Essentials	LENA Grow 2 Insights
<input type="checkbox"/> Complete the online LENA Grow Survey at the end of the sequence. Survey link will be sent via email.		
	= 4.5 hours*	= 3.5 hours*

Congratulations on completing your LENA Certified Teacher requirements!

You will receive a certificate via email upon completion of the LENA Grow survey.

**Professional development hours are listed on the certificate. Check with your state to find out whether credit is accepted.*



Week 2 LENA Log

Teacher name: _____

Weekly Goal

Make your goal specific and achievable! Include: time of day, name of specific child or routine, or a Talking Tip.

Goal set date:

Goal for my next LENA week:

Hourly Turns Graph

Use the **first page of the Room Report** to identify times during the day when interactive talk is low. How can you intentionally add talk to these times of day?

LENA Day Notes

LENA Day date: _____ # Children present: _____ # Staff present: _____

How and when did I work toward my goal this week?

Other notes (special circumstances/events, staff changes, children who were late or left early):

Transitions Matter!

There are multiple times per day (when children are getting changed or sitting down for a meal or a snack) when simply remaining aware of engagement can have a big impact. Even as you move things along, stay focused on interacting with quality talk!

LENA Grow Family Engagement Plan

Using the table below, find the LENA resource that best fits with your current approach to family engagement.

Step 1: Check all family engagement strategies you currently use.	Step 2: Review which LENA resources align with your current strategies.				
	Family Talk handouts	Social Media Toolkit	Conversation Starters posters	Stars	Child Reports
<input type="checkbox"/> Paper handouts					
<input type="checkbox"/> Email or via app					
<input type="checkbox"/> Post on social media					
<input type="checkbox"/> Informal conversations at pick-up or drop-off					
<input type="checkbox"/> Regular phone calls to families					

Step 3: Which LENA Grow Family Engagement resources will you use? Check all that apply.

- Distribute Family Talk handouts
- Share social media posts
- Display Conversation Starters posters
- Display stars
- Discuss Child Reports

Step 4: When and how will you use these resources with families?

Describe your plan:



Family Engagement
Track your contact with families using the Family Engagement Tracker! On the back of the tracker, you will find helpful ideas for how to have meaningful formal and informal conversations with families.



Week 3 LENA Log

Teacher name: _____

Weekly Goal

Make your goal specific and achievable! Include: time of day, name of specific child or routine, or a Talking Tip.

Goal set date:

Goal for my next LENA week:

Reach for the Stars!

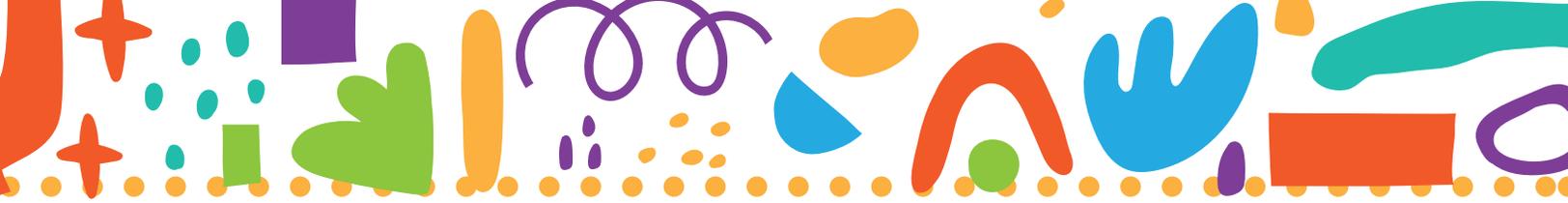
What have you noticed about earning stars from week to week? Is there a particular number of turns you would like to reach?

LENA Day Notes

LENA Day date: _____ # Children present: _____ # Staff present: _____

How and when did I work toward my goal this week?

Other notes (special circumstances/events, staff changes, children who were late or left early):



Essentials Quiz

Check your understanding of LENA Grow so far. Circle the best answer to each question. Review responses with your coach, making sure you understand any you answered incorrectly.

- 1. What should you do if a child leaves early?**
 - a. Leave their device running.
 - b. Turn the device off.
- 2. Which of the following is NOT a Talking Tip?**
 - a. Smile.
 - b. Be silly.
 - c. Follow their lead.
 - d. Repeat and add.
- 3. Which of the following is NOT a conversational turn?**
 - a. While holding their child, a father says, "Good morning," and the teacher responds, "Hello."
 - b. A toddler says, "Hi," and another toddler responds with "Hi."
 - c. An adult says something, then an infant coos.
 - d. A child says, "Mo," and an adult responds, "You want more?"
 - e. Both A and B.
- 4. Why are stars earned for conversational turns rather than for adult words?**
 - a. LENA doesn't count adult words.
 - b. According to research, conversational turns have a larger impact on child development than adult words.
 - c. Adult words don't matter at all.
 - d. Just because.
- 5. On the Room Report, how do you earn a Room Star?**
 - a. When both bars reach the top.
 - b. When This LENA Day is above 10 turns.
 - c. When This LENA Day is at or above 25 turns.
 - d. When This LENA Day is higher than the previous one.
 - e. Either C or D.
- 6. What does the Trophy Hour tell you?**
 - a. The number of Interactive Hours.
 - b. The hour that had the most turns.
 - c. The hour with the highest adult words.
 - d. The hour with the highest number of stars.
- 7. What does it mean if you earn a pink and a blue star on the Daily Turns per Child graph of the Room Report?**
 - a. At least one child experienced at least 15 turns per hour.
 - b. On average, children experienced at least 15 turns per hour.
 - c. ALL children who were present experienced at least 15 turns per hour.
 - d. None of the above.



Week 4 LENA Log

Teacher name: _____

Weekly Goal

Make your goal specific and achievable! Include: time of day, name of specific child or routine, or a Talking Tip.

Goal set date: _____

Goal for my next LENA week:

LENA Day Notes

LENA Day date: _____ # Children present: _____ # Staff present: _____

How and when did I work toward my goal this week?

Other notes (special circumstances/ events, staff changes, children who were late or left early):



Teacher Tip

"I write the names of my target kids on rubber bands. I wear the bands around my wrist as a reminder to focus on those children throughout the day. When I interact with a child, I move the band to my other wrist — I always know who I already talked to and who I still need to talk with."

Megan Monaghan, coach at Rocky Mountain ECC, Colorado

Essentials Week 5:

Shared Reading and Reflection

Congratulations on completing five weeks of LENA Grow! Take a moment to appreciate your commitment to early talk and to the children in your classroom.

LENA Day 5

- Keep practicing what you have learned as you work toward your goal!
- Track classroom activity by recording notes in your **Week 5 LENA Log**.

Coaching Session 5

- Discuss and reflect on your **Week 5 LENA Log** and **Day 5 Room Report**.
- Discuss this week's topic: Shared Reading. Review the **Shared Reading Conversation Starters poster** with your coach.
- Use the **LENA Grow 1 Essentials Reflection** to reflect on your program experience.
-  Complete the online **LENA Grow 1 Essentials Survey**. You will receive the link to the survey via email.

Family Engagement

- Share the **Family Talk: Shared Reading** handout.

End of Sequence Checklist

-  Review your **LENA Certified Teacher Tracker**.
-  Close out your **Family Engagement Tracker**. Did you connect with each family?
- Discuss future LENA opportunities with your coach and/or director.
- Save **LENA Day 5 Child Reports** in student records. Share a copy with families.



Week 5 LENA Log

Teacher name: _____

Weekly Goal

Make your goal specific and achievable! Include: time of day, name of specific child or routine, or a Talking Tip.

Goal set date:

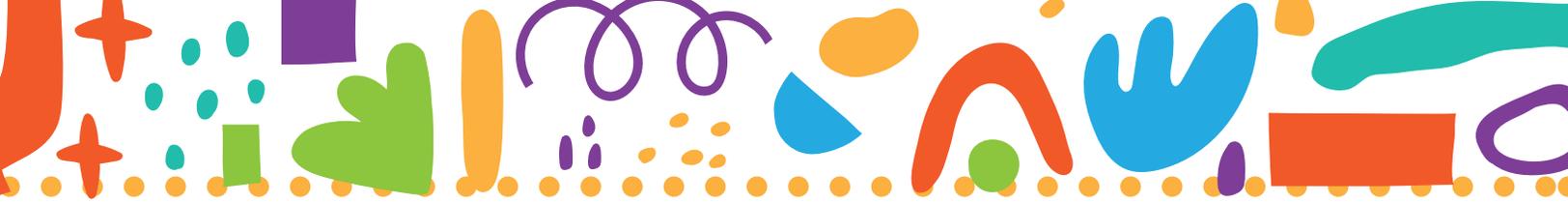
Goal for my next LENA week:

LENA Day Notes

LENA Day date: _____ # Children present: _____ # Staff present: _____

How and when did I work toward my goal this week?

Other notes (special circumstances/events, staff changes, children who were late or left early):



LENA Grow 1 Essentials Reflection

Teacher name: _____

Reflect on Your Experience

1. What changes have you seen in yourself because of this program?
2. What changes have you seen in the children because of this program?
3. What time of day has changed the most for you? What are you doing differently now that you weren't doing at the beginning of LENA Grow?
4. Review the goals you set each week. Describe one goal you are proud of achieving.
5. Write a letter to yourself in the future about the program. What do you want to remember? What do you think your teaching will be like a year from now?

Plan for the Future

How will you use what you have learned in LENA Grow going forward?

1. I will continue to....
2. I will keep working on....



Week 1 LENA Log

Teacher name: _____

LENA Day Notes

LENA Day date: _____ # Children present: _____ # Staff present: _____

Notes (special circumstances/events, staff changes, children who were late or left early):



Week 2 LENA Log

Teacher name: _____

Weekly Goal

Make your goal specific and achievable! Include: time of day, name of specific child or routine, or a Talking Tip.

Goal set date:

LENA Day Notes

LENA Day date: _____ # Children present: _____ # Staff present: _____

How and when did I work toward my goal this week?

Other notes (special circumstances/events, staff changes, children who were late or left early):



Caring Classroom

If a child is experiencing fewer turns than their peers, consider if a language barrier, behavior, or environmental factor may be interfering with conversation. Use a strengths-based, child-centered approach to address this challenge.



Week 3 LENA Log

Teacher name: _____

Weekly Goal

Make your goal specific and achievable! Include: time of day, name of specific child or routine, or a Talking Tip.

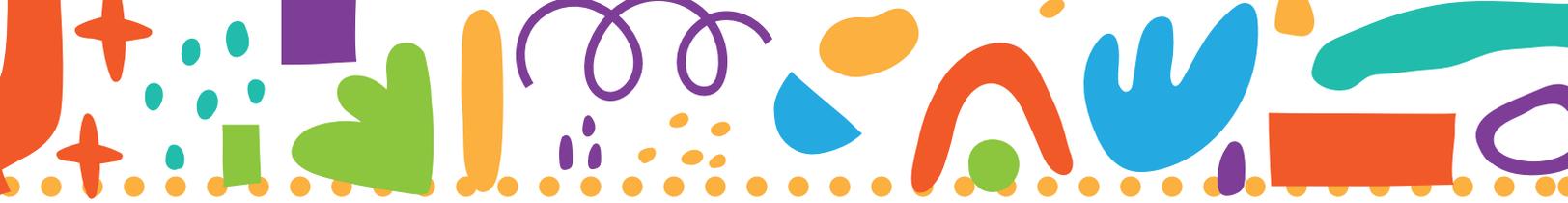
Goal set date:

LENA Day Notes

LENA Day date: _____ # Children present: _____ # Staff present: _____

How and when did I work toward my goal this week?

Other notes (special circumstances/events, staff changes, children who were late or left early):



Insights Quiz

Check your understanding of LENA Grow so far. Circle the best answer to each question.

- 1. True or false: You will earn a Room Average Star if your Daily Conversational Turns are 25 or greater.**
 - a. True.
 - b. False.
- 2. How many LENA Days and coaching sessions do you need to complete to achieve LENA Grow 2 Certification?**
 - a. Two LENA Days and three coaching sessions.
 - b. Four LENA Days and four coaching sessions.
 - c. Five LENA Days and five coaching sessions.
 - d. It doesn't matter.
- 3. What is a Child Vocalization?**
 - a. Full words said by a child.
 - b. Any speech-related sound in any language that is made by the child.
 - c. Any time a child yells.
 - d. A child's burp.
- 4. On the Child Report, which of the following is NOT shown?**
 - a. Daily and hourly Conversational Turns.
 - b. The child's age.
 - c. Daily and hourly Adult Words.
 - d. Daily and hourly Child Vocalizations.
 - e. None of the above: All of these are shown.
- 5. On the Child Report, what do the bands on the hourly graphs tell you?**
 - a. The benchmarks.
 - b. The average in a home environment for a child of a similar age.
 - c. The typical range in child care for a child of a similar age.
 - d. Both B and C.
- 6. What are the four strategies LENA recommends using for family engagement?**
 - a. Tell, model, share, call.
 - b. Tell, Take turns, TikTok, Toucans.
 - c. Ask, share, model, teach.
 - d. Ask, share, model, discuss data.
- 7. If a child arrives late on a LENA Day, what should you do?**
 - a. Don't do a LENA Day for that child.
 - b. Turn on the device when they arrive.
 - c. Do a makeup day the next day.
 - d. None of the above.



Week 4 LENA Log

Teacher name: _____

Weekly Goal

Make your goal specific and achievable! Include: time of day, name of specific child or routine, or a Talking Tip.

Goal set date:

LENA Day Notes

LENA Day date: _____ # Children present: _____ # Staff present: _____

How and when did I work toward my goal this week?

Other notes (special circumstances/events, staff changes, children who were late or left early):



Week 5 LENA Log

Teacher name: _____

Weekly Goal

Make your goal specific and achievable! Include: time of day, name of specific child or routine, or a Talking Tip.

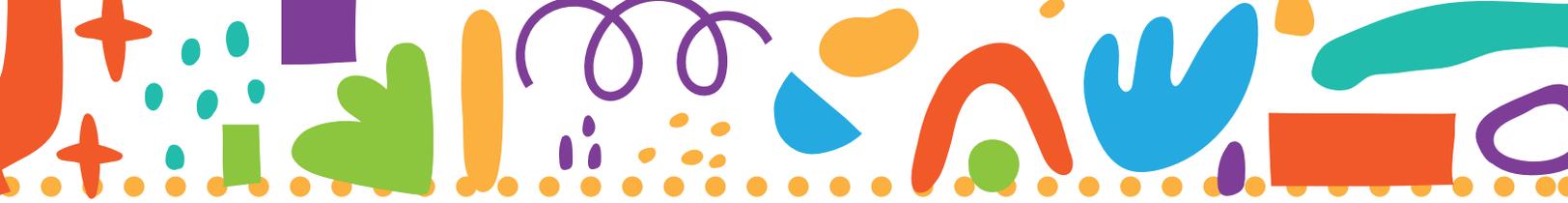
Goal set date:

LENA Day Notes

LENA Day date: _____ # Children present: _____ # Staff present: _____

How and when did I work toward my goal this week?

Other notes (special circumstances/events, staff changes, children who were late or left early):



LENA Grow 2 Insights Reflection

Teacher name: _____

Reflect on Your Experience

1. What changes have you seen in yourself because of this program?
2. What changes have you seen in children because of this program?
3. What time of day has changed the most for you? What are you doing differently now that you weren't doing at the beginning of LENA Grow?
4. Review the goals you set each week. Describe one goal you are proud of achieving.

Plan for the Future

How will you use what you have learned in LENA Grow going forward?

1. I will continue to....
2. I will keep working on....



LENA Grow Family Engagement Tracker

LENA Grow is designed to support teachers in engaging classroom communities during each step of the program.

Use this tracker to note that you spoke with a family about the importance of talk. Try to check in at least once per sequence with each family — even those that might not be participating in LENA Grow.

Child's Name	Family Conversation Notes
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	
13.	
14.	
15.	