

LENA Home Guided Questions

Step 1: Discuss Previous LENA Day

Tell me about your LENA Day.

What was your experience with your goal this week? (Restate the goal if needed)

- What Talking Tips worked well for you since our last session?
- Did you focus on using the Talking Tips during any daily routines?
- What did you notice about your child?

Step 2: Review LENA Reports

Take a moment to look at your report. What changes do you notice?

- Did you meet your goal?
How do you know?

Look at the hourly breakout. What do you notice?

- What was your best hour for conversational turns? Do you remember what you were doing at that time? (Check LENA Log)

Did you earn any stars this week? Are you surprised?



Remember to celebrate stars!

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Step 3: Complete today's Language Enrichment Session

● Introduce today's topic.

- a. Today, we are going to talk about _____.
- b. Tell me a little bit about how you engage in interactive talk during _____.



● Now we're going to watch a short video about _____ (routine). Use the 14 Talking Tips to facilitate discussion:

- a. What Talking Tips did you observe?
- b. What might you have done differently?
- c. What is one thing you noticed that you could apply to this routine with your child?

Step 4: Set Goals

● Given the Talking Tips activity we just reviewed, as well as what we talked about during today's session, what goal might you like to set next? If needed, here are some example goals:

- a. To increase conversational turns during a specific daily routine or time(s) of day.
- b. To use a particular Talking Tip to increase conversational turns throughout the day.
- c. To earn stars by increasing adult words and conversational turns by 10%.
- d. To earn stars by reaching the child's reading minutes goal.

● After goals are established: What are your next steps in meeting your goal(s)? What support/resources might help you meet your goal(s)?



Use the Session Worksheet to document goals during or immediately after the session to refer to at the next visit. Remind parents to use the LENA Log to keep track of their LENA Day activities.